

# Dream Gymnastics Academy

## Class Schedule

801-231-3838

5564 Van Winkle Express Way

www.dgautah.com

| Class   |                                  | Monday   | Tuesday          | Wednesday | Thursday | Friday | Saturday |
|---|----------------------------------|----------|------------------|-----------|----------|--------|----------|
| <b>L<br/>i<br/>t<br/>t<br/>l<br/>e<br/>s</b>                      | Little Tots<br>(1-3 yrs)         |          |                  |           |          | 10     | 9        |
|   | Little Dreamers<br>(3-4 yrs)     |          |                  | 10        |          | 10     | 9,10     |
|   | Dreamers<br>(4-5 yrs)            |          |                  |           |          |        | 9        |
| <b>R<br/>E<br/>C<br/><br/>G<br/>I<br/>R<br/>L<br/>S</b>           | Beginning<br>( 5 yrs+)           | 4,5,6    | 5,6              | 4,5,6     | 6        |        | 9        |
|   | Beginning<br>(9 yrs+)            |          |                  |           | 4        |        |          |
|   | Intermediate                     | 4        | 6                | 5         | 5        |        |          |
|   | Advanced*                        |          | 6-7:30           | 6:30-8    |          |        |          |
| <b>T<br/>U<br/>M<br/>B<br/>L<br/>I<br/>N<br/>G<br/><br/>&amp;</b> | Beginning Tum                    |          |                  | 4,5       | 4        |        |          |
|   | Learn to Flip                    | 5, 6     | 4, 5             | 4,5       | 5, 6     |        |          |
|   | Learn to Flip<br>(9 yrs+)        |          | 7                |           |          |        |          |
|   | Flip 2                           |          | 5-6:30<br>6:30-8 | 6-7:30    | 4:30-6   |        |          |
|   | Flip 3*                          |          | 4-6              | 6-8       | 6-8      |        |          |
|   | Elite Flip*                      | 2-4, 4-6 |                  |           |          |        |          |
|   | Cheer 101<br>(ages 8+)           | 6        |                  |           |          |        |          |
|   | Cheer Jumps &<br>Stunts (13 yr+) |          |                  |           |          |        |          |
| <b>T<br/>N<br/>T</b>  | Beginning TnT<br>(5 yrs +)       | 5        |                  |           |          |        | 10       |
|   | Intermediate<br>TnT              |          |                  |           |          |        |          |
| <b>O P E N G Y M</b>  |                                  |          |                  |           |          |        |          |

|  |                             |                 |
|--|-----------------------------|-----------------|
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### Competitive Programs By invitation only

|                  | Monday                | Tuesday | Wednesday | Thursday | Friday | Saturday |
|------------------|-----------------------|---------|-----------|----------|--------|----------|
| P<br>R<br>E<br>M |                       |         |           |          |        |          |
|                  | Pre-team<br>(5-10yrs) |         | 4-6       |          | 4-6    |          |

|                  |          |     |     |     |     |     |      |
|------------------|----------|-----|-----|-----|-----|-----|------|
| X<br>C<br>E<br>L | Bronze   |     | 4-7 |     | 4-7 |     |      |
|                  | Silver   | 4-7 |     | 4-7 |     | 4-7 |      |
|                  | Gold     |     | 4-8 |     | 4-8 | 4-8 |      |
|                  | Platinum | 4-8 |     | 4-8 |     | 3-7 | 8-11 |

Annual registration fee: \$30/student and \$15/additional students  
 10% discount on siblings for class tuition only

| Standard Member |                 | Deluxe Member                           |                 | Drop-In Rate |                |
|-----------------|-----------------|---|-----------------|--------------|----------------|
| 45 min          | <b>\$74.00</b>  | 45 min                                  | <b>\$84.00</b>  | 45 min       | <b>\$22.00</b> |
| 1 hour          | <b>\$88.00</b>  | 1 hour                                  | <b>\$98.00</b>  | 1 hour       | <b>\$26.00</b> |
| 1.5 hour        | <b>\$116.00</b> | 1.5 hour                                | <b>\$126.00</b> | 1.5 hour     | <b>\$32.00</b> |
| 2 hour          | <b>\$156.00</b> | 2 hour                                  | <b>\$166.00</b> | 2 hour       | <b>\$45.00</b> |
| 3 hour          | <b>\$183.00</b> | 3 hour                                  | <b>\$193.00</b> | 3 hour       |                |
| 4 hour          | <b>\$210.00</b> | 4 hour                                  | <b>\$220.00</b> | 4 hour       |                |
|                 |                 | <b>Open gym Free</b>                    |                 |              |                |
|                 |                 | <b>10% off events &amp; merchandise</b> |                 | Rec OG       | <b>\$15.00</b> |